



PROFILE

Pleasant View Elementary, School Psychologist

CONTACT

PHONE:

559-784-6769 ext. 110

I understand Spanish but I do not speak fluently. Although, since I've been working at Pleasant View my Spanish has improved, thanks to Mrs. Palafox, Mrs. Reyes, Ms. Maria and you parents. Google Translate helps me when I am stuck.

EMAIL:

ygonzalez@pleasant-view.k12.ca.us

By appointment: I am available by ZOOM or Google Meet. Please email me or call me for an appointment.

WEBSITE:

pleasant-view.org

SKILLS

- Counseling
- Behavior Strategies
- Teaching Strategies
- Additional Resources
- Empathetic

Ms. Yessie Gonzalez, School Psychologist

THE STRUGGLE IS REAL

School Psych vs. Mom

I've worked with kids for over 16 years both within the school setting and in the home setting. I became a school psychologist first and then a mom. I have to say, it is much harder to be a mom than it is a school psychologist. All of my education and training has prepared me to be a mother but it is still hard.

ABOUT SCHOOL PSYCHOLOGY

Why being your school psychologist is important to me

When I was a school psychologist intern, at the end of a meeting, a family told me, 'te lo en cargo/I leave him in your care.' I was like, 🤔. When your children are at school, I do my best to take care of them because you have entrusted us to leave your children in our care. I am grateful that I work at Pleasant View Elementary School District because we all do our best in caring for and educating your children.

Why Mental Health is an important priority at Pleasant View

Mr. Mark, Superintendent, recognized that mental health is important for everyone. I went from working at 7 schools in 1 week to 2 schools in 1 week with the majority of my time being spent at Pleasant View. Pleasant View went from a school psychologist, one day a week and a new psychologist every year, to 1 school psychologist for the past 5 years, including this year.

Paying it forward

I have been honored to be the school psychologist at Pleasant View Elementary for the past 5 years. In those 5 years, I have had the privilege of getting to know the children, families and the community. We value teaching and empowering ALL at Pleasant View. We are ALL students of life and therefore, lifelong learners.

HOW I CAN HELP YOU AND YOUR CHILDREN

I know that everything has been chaotic and there is so much that is new and different. Please feel free to contact me if you would like a safe and trusted person to help you problem solve, to empathically listen judgement free, and if you need help as to where you can go for more information/services. I am able to help with academic school work, help with any behavior and/or social/emotional questions and concerns. I cannot provide long-term therapy but I am able to provide skill based counseling and strategies.